

Benzo Survey v5 Data Fields

StartDate

Start Date

```
{"ImportId":"startDate","timeZone":"America/Denver"}  
10/21/2018 13:46
```

EndDate

End Date

```
{"ImportId":"endDate","timeZone":"America/Denver"}  
10/21/2018 13:51
```

Status

Response Type

```
{"ImportId":"status"}  
0
```

IPAddress

IP Address

```
{"ImportId":"ipAddress"}  
108.255.253.201
```

Progress

Progress

```
{"ImportId":"progress"}  
100
```

Duration (in seconds)

Duration (in seconds)

```
{"ImportId":"duration"}  
296
```

Finished

Finished

```
{"ImportId":"finished"}  
1
```

RecordedDate

Recorded Date

```
{"ImportId":"recordedDate","timeZone":"America/Denver"}  
10/21/2018 13:51
```

ResponseId

Response ID

```
{"ImportId":"_recordId"}  
R_3CVm5leZCKGhy5B
```

RecipientLastName

Recipient Last Name

```
{"ImportId":"recipientLastName"}
```

RecipientFirstName

Recipient First Name

```
{"ImportId":"recipientFirstName"}
```

RecipientEmail

Recipient Email
{ "ImportId": "recipientEmail" }

ExternalReference

External Data Reference
{ "ImportId": "externalDataReference" }

LocationLatitude

Location Latitude
{ "ImportId": "locationLatitude" }
32.7392

LocationLongitude

Location Longitude
{ "ImportId": "locationLongitude" }
-97.3852

DistributionChannel

Distribution Channel
{ "ImportId": "distributionChannel" }
anonymous

UserLanguage

User Language
{ "ImportId": "userLanguage" }
EN

Q2

Which medication did or do you take? Choose all that apply.

{ "ImportId": "QID10" }
1,2

Q3

Did you take different medications concurrently (at the same time) or sequentially (different ones at different times).

{ "ImportId": "QID26" }
1

Q4

For which condition/situation was the medication originally prescribed? Check all that apply.

{ "ImportId": "QID19" }
1,3

Q5

Did you quit a benzodiazepine abruptly, or if you tapered, how long did your taper last? Please answer ONLY for benzodiazepines. If you are still tapering, click the last answer and go on to the next question.

{ "ImportId": "QID4" }
12

Q6

If you are still tapering, how long has your taper lasted so far? If you have stopped tapering or are still taking a full dose, choose "does not apply to me."

{ "ImportId": "QID28" }
5

From this point, please only answer questions for benzodiazepine use, separate from other medications.

Q7

When was the last time you took a benzodiazepine dose?

{"ImportId":"QID6"}

1

Q8

Was your benzodiazepine med always taken 'as prescribed,' in the dose recommended by a doctor?

{"ImportId":"QID3"}

1

Q9#1_1

In the left column are medication symptoms that may have occurred, including during a benzodiazep... - For how long did a symptom last? -

Whole or partial body seizures

{"ImportId":"QID5#1_1"}

1

Q9#1_2

In the left column are medication symptoms that may have occurred, including during a benzodiazep... - For how long did a symptom last? -

Muscle spasms in back or limbs

{"ImportId":"QID5#1_2"}

5

Q9#1_3

In the left column are medication symptoms that may have occurred, including during a benzodiazep... - For how long did a symptom last? -

Difficulty breathing or swallowing

{"ImportId":"QID5#1_3"}

5

Q9#1_4

In the left column are medication symptoms that may have occurred, including during a benzodiazep... - For how long did a symptom last? -

Muscle weakness

{"ImportId":"QID5#1_4"}

5

Q9#1_5

In the left column are medication symptoms that may have occurred, including during a benzodiazep... - For how long did a symptom last? -

Stabbing pain, burning, aching sensations, or joint pain

{"ImportId":"QID5#1_5"}

5

Q9#1_6

In the left column are medication symptoms that may have occurred, including during a benzodiazep... - For how long did a symptom last? -

Digestion, nausea, diarrhea, other stomach/gut issue

{"ImportId":"QID5#1_6"}

5

Q9#1_7

In the left column are medication symptoms that may have occurred, including during a benzodiazep... - For how long did a symptom last? -

Head pain, pressure

{"ImportId":"QID5#1_7"}

5

Q9#1_8

In the left column are medication symptoms that may have occurred, including during a benzodiazep... - For how long did a symptom last? -

Heart rhythm irregularities or high blood pressure

{"ImportId":"QID5#1_8"}

5

Q10#1_1

Other symptoms may also be experienced. Click the button that best describes benzodiazepine withd... - For how long did each symptom last?

- Whole body trembling uncontrollably

{"ImportId":"QID8#1_1"}

5

Q10#1_2

Other symptoms may also be experienced. Click the button that best describes benzodiazepine withd... - For how long did each symptom last?

- Balance problems

{"ImportId":"QID8#1_2"}

5

Q10#1_3

Other symptoms may also be experienced. Click the button that best describes benzodiazepine withd... - For how long did each symptom last?

- Trembling or tingling in limbs, skin

{"ImportId":"QID8#1_3"}

5

Q10#1_4

Other symptoms may also be experienced. Click the button that best describes benzodiazepine withd... - For how long did each symptom last?

- Sleep disturbances

{"ImportId":"QID8#1_4"}

5

Q10#1_5

Other symptoms may also be experienced. Click the button that best describes benzodiazepine withd... - For how long did each symptom last?

- Difficulty focusing, distracted

{"ImportId":"QID8#1_5"}

5

Q10#1_6

Other symptoms may also be experienced. Click the button that best describes benzodiazepine withd... - For how long did each symptom last?

- Low energy

{"ImportId":"QID8#1_6"}

5

Q10#1_7

Other symptoms may also be experienced. Click the button that best describes benzodiazepine withd... - For how long did each symptom last?

- Difficulty driving or walking

{"ImportId":"QID8#1_7"}

5

Q10#1_8

Other symptoms may also be experienced. Click the button that best describes benzodiazepine withd... - For how long did each symptom last?

- Memory loss

{"ImportId":"QID8#1_8"}

5

Q10#1_9

Other symptoms may also be experienced. Click the button that best describes benzodiazepine withd... - For how long did each symptom last?

- Hallucinations

{"ImportId":"QID8#1_9"}

1

Q10#1_10

Other symptoms may also be experienced. Click the button that best describes benzodiazepine withd... - For how long did each symptom last?

- Akathisia, need to move or pace constantly

{"ImportId":"QID8#1_10"}

5

Q11#1_1

Below are another set of symptoms that you may have experienced due to discontinuing or tapering... - For how long did a symptom last? -

Nervousness, anxiety, fear

{"ImportId":"QID9#1_1"}

5

Q11#1_2

Below are another set of symptoms that you may have experienced due to discontinuing or tapering... - For how long did a symptom last? -

Uncontrollable crying or anger

{"ImportId":"QID9#1_2"}

5

Q11#1_3

Below are another set of symptoms that you may have experienced due to discontinuing or tapering... - For how long did a symptom last? - No
appetite, disinterest in food

{"ImportId":"QID9#1_3"}

5

Q11#1_4

Below are another set of symptoms that you may have experienced due to discontinuing or tapering... - For how long did a symptom last? -

Symptoms triggered or worsened by foods, alcohol or caffeine

{"ImportId":"QID9#1_4"}

5

Q11#1_5

Below are another set of symptoms that you may have experienced due to discontinuing or tapering... - For how long did a symptom last? -

Sensitivity to light, noise, talk, smell, triggering symptoms

{"ImportId":"QID9#1_5"}

5

Q12

Were you warned that benzodiazepines should only be taken for short times, or that they are difficult to withdraw from?

{"ImportId":"QID22"}

2

Q13#1_1

It may be important to know how benzodiazepine discontinuation symptoms have affected your life.... - How severely did this problem affect
your... - Work life

{"ImportId":"QID11#1_1"}

6

Q13#1_2

It may be important to know how benzodiazepine discontinuation symptoms have affected your life.... - How severely did this problem affect
your... - Fun, recreation, hobbies

{"ImportId":"QID11#1_2"}

6

Q13#1_3

It may be important to know how benzodiazepine discontinuation symptoms have affected your life.... - How severely did this problem affect
your... - Ability to take care of home, others

{"ImportId":"QID11#1_3"}

6

Q13#1_4

It may be important to know how benzodiazepine discontinuation symptoms have affected your life.... - How severely did this problem affect
your... - Ability to drive or walk

{"ImportId":"QID11#1_4"}

6

Q13#1_5

It may be important to know how benzodiazepine discontinuation symptoms have affected your life.... - How severely did this problem affect your... - Social interaction, friendships

{"ImportId":"QID11#1_5"}

6

Q13#1_6

It may be important to know how benzodiazepine discontinuation symptoms have affected your life.... - How severely did this problem affect your... - Relationships with spouse, family

{"ImportId":"QID11#1_6"}

6

Q14

Specifically, have any of these been consequences of your benzodiazepine use or withdrawal? Choose all that apply, or none if that is the case.

{"ImportId":"QID12"}

1,4,7,10,11

Q15_1

Are any of the following symptoms true for you? - Food and/or seasonal allergies

{"ImportId":"QID18_1"}

2

Q15_2

Are any of the following symptoms true for you? - Highly sensitive airways

{"ImportId":"QID18_2"}

1

Q15_3

Are any of the following symptoms true for you? - Sensitive to food additives or chemicals

{"ImportId":"QID18_3"}

3

Q15_4

Are any of the following symptoms true for you? - Allergic/sensitive to MSG or soy

{"ImportId":"QID18_4"}

1

Q15_5

Are any of the following symptoms true for you? - Diagnosed autoimmune disorder

{"ImportId":"QID18_5"}

1

Q15_6

Are any of the following symptoms true for you? - Falls and/or fractures

{"ImportId":"QID18_6"}

3

Q16

Would you please give your gender? It may be important to know.

{"ImportId":"QID13"}

2

Q17

It could be helpful to track symptoms by age. Your age group currently is:

{"ImportId":"QID14"}

3

Q18

What country do you live in? - Selected Choice

{"ImportId":"QID20"}

1

Q18_10_TEXT

What country do you live in? - Other - Text
{!ImportId": "QID20_10_TEXT"}
Russia

Q19

Where did you learn about this survey?
{!ImportId": "QID21"}
2

Q20

If there is anything you'd particularly like to tell us, you can do so in this open-ended text box:
{!ImportId": "QID24_TEXT"}
Jane did such a great job with this survey!